

COVID-19 RECOVERY PROGRAM

This is an individualized exercise program to improve strength and endurance after COVID-19. Our trained staff along with your physician will develop a treatment program catered to your individual needs and medical history. Our goal for our clients is to achieve the most optimal activity level in the safest environment possible.

**PLEASE CONTACT YOUR PHYSICIAN
FOR A REFERRAL**

SERVICES PROVIDED

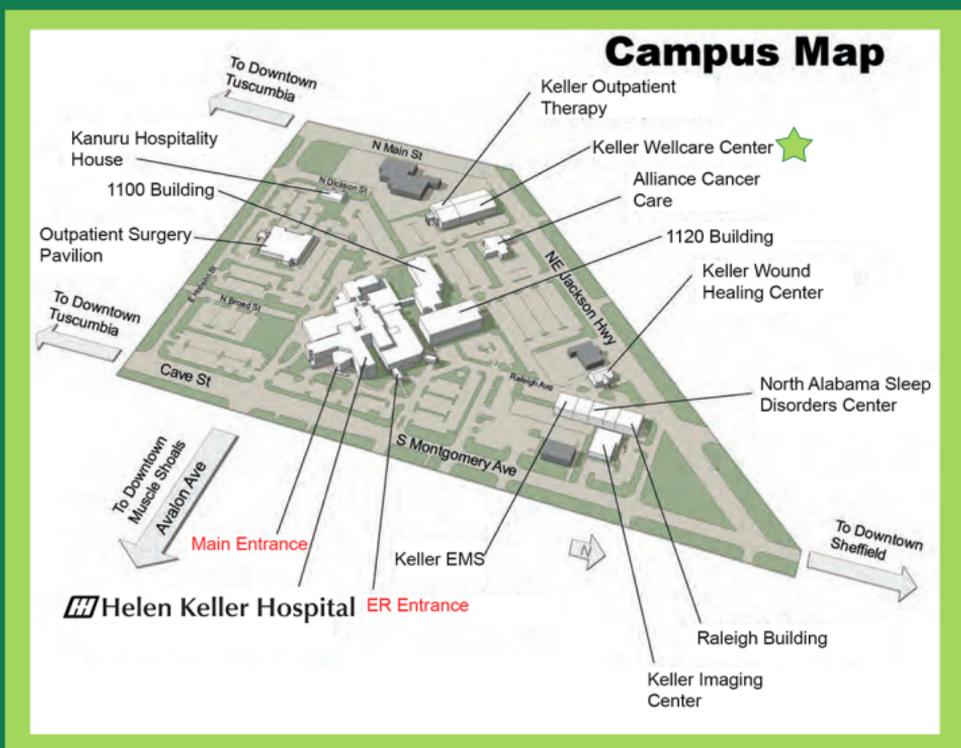
- Oxygen saturation monitoring
- Oxygen titration
- Blood pressure monitoring
- Nutritional counseling
- Medication Education
- Exercise prescription and daily modification for optimal outcome
- Education relevant to current disease process
- Correspondence with physician regarding health changes and Pre/Post therapy data

**Therapy classes are scheduled on
Monday, Tuesday, & Thursday**



KELLER WELLCARE CENTER

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 Helen Keller Hospital
Cardiopulmonary Rehab

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